

BED BUGS AWARENESS

Bed bugs have made a recent resurgence all across North America as well as worldwide and are now being found in high end hotels, apartment complexes, hospitals and even college/university residences. Although York University Housing hasn't been impacted by this infestation, as a preventative measure, we are drawing awareness to this topic.

Awareness	What is a bed bug?	<ul style="list-style-type: none"> • Small, brownish insects similar to an apple seed in size and appearance. • According to Toronto Public Health “Bed bugs are not considered a health hazard and do not transmit disease”
Prevention	How do I prevent bed bugs from entering my home?	<ul style="list-style-type: none"> • Bed bugs are often carried into your home on objects. Be careful when buying used furniture or clothes. Inspect seams, folds, zippers or any other location that provides the bed bugs with a hiding place • If you have been travelling, upon returning home: Inspect the luggage and wash all your clothes in the hottest water possible and put them in a hot dryer for 20 minutes.
Early Detection	What are the symptoms?	<ul style="list-style-type: none"> • Insect bites on exposed areas of the body
Action/Treatment	What if I suspect my apartment or room has bed bugs?	<ul style="list-style-type: none"> • Report it immediately to the Housing Office. Housing Services will work together with you and our pest control professionals to eliminate the problem.

Cooperation is the key. York University Housing Services is committed to providing residents with a pest-free environment. We cannot be successful in this without the cooperation of all residents. Please report any suspicion of bed bugs to the Housing Office immediately.